

LITHUANIAN OPEN WATER SWIMMING CHAMPIONSHIPS 2025



LITHUANIAN OPEN WATER SWIMMING CHAMPIONSHIPS | 5 km

PLACE, TIME

- Date: 28 June 2025 (Saturday)
- Place: Akmena Lake Main Beach, Trakai

PROGRAM

- **Issuance of timing chips and start packets:** on the day of the event at the reception of the event 07:30-08:30
- **09:00 a.m.** 5 km distance start (Open Lithuanian Open Water Swimming 5 Kilometer Distance Championship)

ROUTE

5 km swimming. The distance is covered by swimming around the entire Akmena Lake, moving clockwise.

<https://www.strava.com/routes/3357762094450251296>

- The time limit for covering the 5 km distance is 2:15 hours.

LITHUANIAN OPEN WATER SWIMMING CHAMPIONSHIPS | 10 km

PLACE, TIME

- Date: 30 August 2025 (Saturday)
- Place: The main beach of Balsys Lake, Žaliojų Ežerų str. 148B, Vilnius 08425 (Green Lakes).

PROGRAM

- **Issuance of timing chips and start packets:** on the day of the event at the reception of the event 07:30-08:00.
- **08:30 a.m.** Start of the 10 km distance (Open Lithuanian Open Water Swimming Championship 10 km distance)

ROUTE

10km swim. The distance is covered by swimming around the entire Balsys Lake twice with disembarkation after the first lap, moving clockwise: <https://www.strava.com/routes/2964847435273077932>

- Time limit for covering the 10 km distance – 4:00 hours.

LITHUANIAN OPEN WATER SWIMMING CHAMPIONSHIPS 2025



STAFF

- Competition organizer: Association LTU Aquatics
- Executor: VŠĮ „Triatlono ritmu“
- Responsible person Mantas Marcinkevičius +37067404907
- Competition referee Rytis Jonaitis +37061002486

PARTICIPANTS

- The competition is open. Lithuanian and foreign athletes (except for Russian and Belarusian athletes who do not have a permanent residence permit in the Republic of Lithuania) whose age is more than 16 years old (participants born in 2009 and older) can participate in the Lithuanian Open Water Swimming Championships.
- Swimmers are prohibited from using any kind of swimming aids.
- Swimsuits according to WA rules.
- By registering for the competition, the participant confirms that he/she has read these regulations, understands them, unconditionally agrees to their content and undertakes to comply with them.
- Underage participants (under 18 years of age) must provide written consent from their parents or guardians to participate in the competition when collecting the starting package. [Consent template](#).
- The participant confirms that he/she is sufficiently trained (knows how to swim), is healthy, and there are no reasoned prohibitions of qualified medical professionals for her/him to participate in chosen competition. **The participant waives any claims to the organizers related to his/her health or life issues.**
- The participant agrees and confirms that during the competition, his/her behavior will not endanger the life, health and property of other participants and organizers and the natural environment of the third party (spectators of the competition and other persons).
- The participant takes full responsibility for possible incidents (including, but not limited to, collapses, injuries, collisions with spectators, animals, stationary or moving vehicles, other equipment (structures) or objects on the track) and possible health disorders directly or indirectly related to participation in the competition.
- By registering for the competition, the participant automatically agrees that all photos and video material may be used for marketing purposes.
- Participants must complete the full marked route according to the selected distance. Participants who have violated these conditions mentioned above, depending on the nature of the offense, may be subject to the following disciplinary measures: warning, time penalty or disqualification.

REGISTRATION OF PARTICIPANTS AND ISSUANCE OF NUMBERS

- Registration for the championships : <https://www.swimvilnius.lt/>
- By registering, the participant confirms that he/she agrees with the regulations of the competition.
- After registration, the organizers issue a participant's cap and a time meter on the day of the competition stage. It is mandatory to wear them during the competition, after the finish only the time meter should be returned.

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- Registration fees:

LITHUANIAN OPEN WATER SWIMMING CHAMPIONSHIP 5 km	Price when registering and paying until 31/05/2025 (11:59 p.m.)	Price when registering and paying until 25/06/2025 (11:59 p.m.)	Price when registering on the day of the event (if seats are available)	
	€50.00	€55.00	75,00 €	
LITHUANIAN OPEN WATER SWIMMING CHAMPIONSHIPS 10 km	Price when registering and paying until 30/06/2025 (11:59 p.m.)	Price for registration and payment until 31/07/2025 (11:59 p.m.)	Price for registration and payment until 23/08/2025 (17:00)	Price when registering on the day of the event (if seats are available)
	60,00 €	70,00 €	€80.00	€100.00

- **Sports schools, clubs and other organisations registering 10 or more participants receive a 15% discount on registration. For a discount, apply info@swimvilnius.lt**
- Online registration is closed:

LITHUANIAN OPEN WATER SWIMMING CHAMPIONSHIP 5 km - June 25 at 23:59, no discounts apply when registering on the day of the event.

LITHUANIAN OPEN WATER SWIMMING CHAMPIONSHIP 10 km - August 23 at 17:00, no discounts apply when registering on the day of the event.

- Registration at the venue is carried out at least 30 minutes before the start of the selected distance.
- Registration is considered successful when an entry fee is paid during the registration.
- The entry fee is non-refundable.

SPECIAL CONDITIONS AND LIMITATIONS

- You can register for any race only in your own name. It is forbidden to transfer your registration to another participant. In this case, the participants will be disqualified, and the results will not be included in the competition protocol.
- Participants are prohibited from using any personal escort or other assistance from the country during the competition. Participants who violate this rule will be disqualified.
- Each participant of the event must attach an electronic chip for measuring time. Participants who have not attached or improperly attached the electronic chip for measuring time will not be recorded and such participants will not be included in the competition protocol.
- Reusable electronic chips, which you must return to the organizers.
- Participants of the competition are prohibited to deviate even slightly from the track (without the permission of the judge). Participants who violate this rule will be disqualified.
- Any claims of the participants must be submitted in writing to the referee of the competition. with a deposit of 100 euros no later than 30 minutes after the last finish of the participant. If the referee upholds the complaint, the deposit is returned, otherwise it is not returned.
- During the competition, compliance with the rules will be monitored by the judges of the course. Participants will be filmed randomly (information and footage provided by the course officials will be used to resolve all disputes that may arise related to unfair actions, results, etc.);

- During competitions, athletes must not use headphones or other equipment that may interfere with hearing warnings or instructions from participants, referees or regulators.

SWIMMING SUITS, SWIMMING COURSE

- At water temperatures below 24°C, it is possible to swim with a swimming wet suit, but it is not mandatory.
- At water temperatures below 15.9°C at swimming distances longer than 1000 meters – wetsuits are mandatory, as well as swimming distances can be shortened.
- When swimming in open water, it is not allowed to cross the route marked by the organizers of the competition. An athlete who has crossed the track or has not overcome it shall be disqualified.

AWARDS

- **Medals are awarded to WOMEN and MEN who took the I-III places in the championships.**
- **Championship winners and prize winners are awarded with cash prizes of €100.**
- All participants who have covered the chosen distance will be awarded commemorative medals;
- everyone who completes the 10 KM swimming marathon will be awarded **FINISHER** hoodies;

CHANGE OF DISTANCE, ENTRY FEE PAID:

- The entry fee paid is non-refundable (unless the event is cancelled).
- For a change of race/distance after registration (**no later than the closing of pre-registration**), please contact the organizers info@swimvilnius.lt When changing the distance from a more expensive to a cheaper one, the price difference is not refunded. When changing from cheaper to more expensive, you have to pay the difference between the prices valid on that day. The participant's change fee is 10 euros, after payment to the account of VŠ TRIATHLONO RITMU LT277300010153149475 *Swedbank AB* bank, the exchange data must be sent to [the info@swimvilnius.lt](mailto:info@swimvilnius.lt)
- Participants may also transfer their registration to another participant **no later than the closing of online pre-registration**. The participant's change fee is 10 euros, after payment to the account of VŠ TRIATHLONO RITMU LT277300010153149475 *Swedbank AB* bank, the exchange data must be sent to info@swimvilnius.lt

The organizers of the competition reserve the right, if necessary, to change the regulations of the competition.